

Finger Lakes Randonneurs
Flight in the Finger Lakes 300k 300K

Saturday 30 May 2026, 06:00 EDT

Distance:	190.6 mi / 306.7 km
Climbing:	7471 ft
Event Sanction:	ACP
Organizer:	Jim Bondra (607-220-4382)
RWGPS Name:	Flight in the Finger Lakes 300k, RUSA Brevet Route #3313
Modified:	2026-05-28 07:02:47 EDT
Cues Generated:	2026-05-28 07:23 EDT
Cuesheet Version:	4

If abandoning ride or to report a problem call the organizer: Jim Bondra (607-220-4382). For Medical/Safety Emergencies Call 911 First!

***:Easy to miss, B: Bear, B/C: Becomes, FMR: Follow Main Road, L: Left, LMR: Leave Main Road, NM: Not Marked, Q: Quick, R: Right, SO: Straight On, SS: Stop Sign, T: T Intersection, TFL: Traffic Light, TRO: To Remain On, X: Cross

Start Controle STAFFED

Open: May-30 06:00 EDT	<i>Hangar Theatre 801 Taughannock Blvd, Ithaca, NY 14850</i>
Close: May-30 07:00 EDT	

Tot	Seg	Leg	Cue	Description
0.2	0.2	0.2	X	RT 89 at crosswalk by rink. Traffic!
1.0	1.0	0.8	R	TRO Cayuga Waterfront Trail
1.1	1.1	0.2	SO	Straight under bridge on trail
1.2	1.2	0.0	SO	Continue straight on trail
1.6	1.6	0.4	L	NY-13A S/Floral Ave @end of trail
3.2	3.2	1.7	R	NY-13 S/NY-34 S/NY-96 S@TL
4.7	4.7	1.5	BR	NY-13 S. Beginning of climbing
8.8	8.8	4.0	SO	At the traffic circle, continue straight to stay on NY-13 S
16.8	16.8	8.0	BR	*** Next right
16.9	16.9	0.1	R	Hinmin Rd/CR 14@blue sign
17.0	17.0	0.1	SO	B/C Co Rte 14
18.8	18.8	1.7	L	Terry Hill Rd. Red barn on right. Start of 2.1 mile climb.
21.6	21.6	2.8	BR	Hill Rd. Terry Hill is straight
21.9	21.9	0.3	SO	B/C Veteran Hill Rd/CR47@ Green Sign on right.
26.5	26.5	4.6	BR	Slight right to stay on Veteran Hill Rd at Y
28.0	28.0	1.5	L	Wygant Rd/CR21@SS
28.2	28.2	0.1	R	Old Ithaca Rd/CR68. Bolt Storage on left.

29.4	29.4	1.2	SO	At the traffic circle, continue straight to stay on Old Ithaca Rd/CR68	34.4	34.4	0.3	SO	B/C Golf Course Rd@yellow arrow.	
30.0	30.0	0.6	SO	B/C W Franklin St@SS then next left.	34.9	34.9	0.6	L	Halderman Hollow Road @ blue sign	
30.0	30.0	0.1	L	Grand Central Ave. Pudgies Pizza on right.	35.0	35.0	0.0	Climb	*Start of 5.3 mile climb	
30.7	30.7	0.7	SO	Passing under RT 86/Southern Tier Expressway.	37.8	37.8	2.8	L	West Hill Rd A@SS. Halderman goes right (downhill).	
30.8	30.8	0.1	Food	*** Fast food/convenience stores both sides of street. Bike lane begins.	38.4	38.4	0.6	R	Northcrest Road@white house with low stone wall	
31.7	31.7	0.9	NOTE	*** Restrooms-Byrne Dairy on left.	38.8	38.8	0.5	L	*** Next left. NOT Straight! which is down a long steep hill.	
32.6	32.6	0.9	Food	*** Dandy Mini-mart on right. Last food/water before big climb.	38.8	38.8	0.0	L	Harris Hill Road, CR 33/55 (Unsigned).	
32.7	32.7	0.1	R	*** Right onto E 14th St@TL, then Quick Left on Y to E13th.	39.2	39.2	0.3	R	Harris Hill Road, CR 55 @ Youth Bureau	
32.7	32.7	0.0	BL	*** Now on E13th not E14th!	39.4	39.4	0.2	NOTE	*** Harris Hill Amusement Park on right	
33.0	33.0	0.3	SO	*** Now on W13th St after crossing under RR tracks	39.5	39.5	0.1	R	Bear right & continue on Harris Hill Rd	
33.2	33.2	0.1	Food	7-Eleven on right@TL	40.0	40.0	0.5	L	Soaring Hill Dr@National Soaring Museum sign	
33.2	33.2	0.0	SO	Continue straight after SS	40.2	40.2	0.2	BL	Controle is stairs entering the museum. Stop at plaque. Restrooms/Snack machine.	
33.6	33.6	0.4	R	Parkwood Ave@T	Controle 2					<i>INFO</i>
33.6	33.6	0.0	SO	SS for next 6 blocks	Open: May-30 07:53 EDT		<i>National Soaring Museum, plaque-right side of entrance stairs</i>			
33.9	33.9	0.3	L	W 19th St uphill	Close: May-30 10:16 EDT		<i>51 Soaring Hill Dr, Elmira, NY 14903</i>			
34.0	34.0	0.1	R	Ashland Ave	Tot	Seg	Leg	Cue	Description	
					40.2	0.0	0.0	R	Reverse direction to exit controle	

40.4	0.3	0.2	L	Turn left @Y onto Harris Hill Rd. Great views of valley below	53.6	13.4	0.0	SO	B/C Museum Way
40.5	0.3	0.0	Valley	Harris Hill Overlook	53.8	13.6	0.2	BL	*** Slight left @SS
40.5	0.4	0.1	Danger	*** Long steep descent. Use caution!	53.8	13.7	0.0	L	Riverside Dr. Warren on right.
41.1	0.9	0.6	R	Right on Harris Hill Rd/CR55 after blue Poppleton Garden sign.	53.9	13.8	0.1	SO	*** Hilton Garden Inn on right
42.5	2.4	1.4	R	NY-352 W@SS	53.9	13.8	0.0	Food	*** Wegmans to left over bridge.
45.9	5.7	3.4	Food	Dandy Minimart on left	54.0	13.8	0.0	R	Bridge St@SS
46.3	6.1	0.4	L	*** next left coming up	54.1	13.9	0.1	L	NY Bike Rte 17/RT 415/W Pulteney St@TL
46.3	6.1	0.0	L	S Corning Rd/CR10	55.1	14.9	1.0	X	under RT 17/Souther Tier Expwy
47.5	7.4	1.2	SO	B/C River Rd/CR44	55.6	15.5	0.5	Food	*McDonald's on left
47.6	7.4	0.0	SO	River Rd/CR 44	56.0	15.8	0.4	SO	*** Now on Victory Hwy/RT 415
51.3	11.1	3.8	SO	B/C Park Ave/NY225 (South Corning)	56.7	16.5	0.7	Food	*Burger King on right
52.4	12.3	1.1	BR	Conhocton St (Corning, NY)	57.0	16.9	0.3	Food	*** 7-Eleven on right
52.5	12.3	0.1	Food	Dunkin on left	62.8	22.6	5.7	L	E Main St
52.6	12.4	0.1	L	Woodview Avenue/E. Tioga Ave.	66.9	26.7	4.2	Danger	*** RR Tracks. Use caution!
53.2	13.1	0.6	BR	Brisco Bridge. Centerway & Glass Museum signs. Faded Rt 17 sign.	67.0	26.8	0.1	X	under Souther Tier Expwy/RT86
53.5	13.4	0.3	BL	*** Move to far left lane when possible.	67.1	27.0	0.1	SO	B/C Maple Ln
53.6	13.4	0.0	L	*Left @2nd TL onto Museum Way. Move to left turn lane at TL	67.5	27.3	0.3	R	South St then QL
					67.6	27.4	0.1	L	Main St/RT 415 N/NY Bike Rt 17
					67.8	27.7	0.3	Food	*** Mom's Savona Diner

72.7	32.6	4.9	R	Right @T to continue on RT415
72.9	32.7	0.1	Food	Italian Market Deli. Meat/cheese/drinks
73.5	33.3	0.6	Food	Kwik Fill/Dollar General
73.9	33.7	0.4	Danger	*** RR Tracks. Use caution!
74.0	33.8	0.1	SO	B/C E Steuben St/RT 415
74.6	34.4	0.6	R	Turn right after Community Bank, N.A.
74.6	34.5	0.0	Food	Restaurants/pizza/c- store next 2 blocks
74.7	34.5	0.1	NOTE	Wheels Unlimited Bike Shop on right. 9AM-4PM
75.0	34.8	0.3	BL	Haverling St
75.7	35.5	0.7	SO	B/C Mitchellsville Rd
77.4	37.2	1.7	R	Brundage Rd
78.2	38.1	0.9	L	Fish Hatchery Rd
80.5	40.3	2.3	R	Slight right to stay on Fish Hatchery Rd @ triangle.
80.5	40.4	0.1	L	NY-54 N@SS
82.1	42.0	1.6	L	Turn left @ WWII Airplane for question controle
Controle 3				<i>INFO</i>
Open: May-30 09:53 EDT Close: May-30 14:48 EDT				<i>Tail on plane</i> 8419 State Route 54, Hammondsport, NY 14840

Tot	Seg	Leg	Cue	Description
82.2	0.1	0.1	L	Reverse then left onto Rt 54.
82.3	0.2	0.1	L	NY-54 N
82.8	0.7	0.5	Food	*** Kwik Fill on right. Last food/water for 20 miles
83.7	1.5	0.8	BL	South Lake Rd
84.4	2.3	0.7	L	Slight left to stay on E Lake Rd
85.0	2.8	0.6	R	Keep right to continue on S Lake Rd
85.0	2.9	0.1	L	NY-54 N
85.3	3.1	0.2	BL	E Lake Rd
87.2	5.0	1.9	R	Sharp right onto Glenwood Dr
87.2	5.1	0.1	L	Sharp left onto NY-54 N
91.4	9.3	4.2	L	Keuka Village Rd
92.9	10.7	1.4	BL	E Lake Rd
93.4	11.2	0.5	L	NY-54 N
93.6	11.5	0.2	L	E Lake Rd
95.4	13.3	1.8	L	NY-54 N
96.2	14.1	0.8	L	E Lake Rd
100.3	18.1	4.1	L	NY-54 N

103.7	21.5	3.4	Food	McDonald's/Subway/Kwik Fill/Taco Bell/Pizzeria	122.8	40.6	0.1	R	E Castle St
103.9	21.7	0.2	L	Liberty Street, NY 14A/NY 54	122.8	40.7	0.0	Danger	RR tracks ahead! Walk or ride slowly!
104.1	21.9	0.2	Food	Byrne Dairy	122.9	40.7	0.0	L	bike path
104.1	22.0	0.1	R	Elm Street/NY 54	123.0	40.9	0.2	R	Lake St
104.3	22.1	0.1	SO	B/C East Elm Street	123.0	40.9	0.0	L	bike path toward lake
104.7	22.5	0.4	L	Walnut St	123.1	41.0	0.0	NOTE	*** Welcome Center/Food/Bathrooms
105.1	23.0	0.5	BR	NY-54 E/Clinton St	123.1	41.0	0.0	L	Slight left. Continue on path
105.8	23.7	0.7	L	Pre Emption Rd/CR 15	123.2	41.0	0.1	R	Slight right staying on path close to lake
111.1	29.0	5.3	L	Bellona Station Rd	123.6	41.4	0.4	SO	B/C Lake Rd through large stones
111.9	29.8	0.8	R	Thistle St	123.9	41.7	0.3	SO	B/C E North St
113.2	31.1	1.3	SO	B/C Wabash Rd	124.0	41.8	0.1	SO	B/C Park Rd
113.4	31.3	0.2	R	Kashong Switch Rd	124.7	42.5	0.7	R	TRO Park Rd
114.3	32.2	0.9	L	Pre Emption Rd	124.9	42.8	0.2	R	TRO Park Rd
121.0	38.8	6.7	R	W Washington St	124.9	42.8	0.0	L	TRO Park Rd
122.2	40.1	1.3	L	Pulteney St	124.9	42.8	0.0	R	TRO Park Rd
122.4	40.2	0.1	R	William St	125.0	42.9	0.1	SO	B/C Cayuga-Seneca Canal Trail
122.5	40.4	0.1	L	S Main St/New York State Bicycle Rte 14	125.4	43.3	0.4	R	Cayuga-Seneca Canal Trail. Dirt for 4.6 miles
122.5	40.4	0.0	R	N Rte 14/Seneca St@TL	125.6	43.5	0.2	NOTE	*** Option to turn right on Barrett Drive, then left at Barrett Marine sign to River Rd. Narrow shoulder w/traffic. Distances similar!
122.7	40.5	0.2	L	Exchange St/N Rte 14					

130.0	47.8	4.3	R	Turn right just past building on right at trail end.
130.0	47.9	0.0	BL	Turn slight left onto Kendig Street
130.1	47.9	0.1	R	Fayette Street
130.1	48.0	0.1	L	West River Street
130.2	48.1	0.1	SO	Now E. River St.
131.0	48.8	0.8	SO	Now River Rd
132.7	50.6	1.7	SO	Now W. Dayard St
133.2	51.0	0.5	L	Veteran's Memorial Bridge. St. Patrick's Church on right.
133.4	51.2	0.2	R	Fall St/Rt 5/20/414@TL
133.4	51.3	0.0	Food	Circle K, Byrne Dairy on right, Avicoll's Pizza on left ahead
Controle 4				<i>INFO</i>
Open: May-30 12:21 EDT Close: May-30 20:20 EDT			<i>Mural on outside wall of Women's Rights building left side of street. 136 Fall St, Seneca Falls, NY 13148</i>	
Tot	Seg	Leg	Cue	Description
133.9	0.5	0.5	L	Cayuga St/US20/NY5 @TL
134.5	1.1	0.6	SO	B/C US20 E/NY5/Auburn Rd
134.8	1.4	0.3	Food	Corner Market Sunoco-closes 10 PM

137.3	3.9	2.5	NOTE	*Start of Montezuma National Wildlife Management Area-look for osprey nests up high
139.0	5.6	1.7	Food	Circle K C-Store-24 hr on left
141.9	8.5	2.9	R	Short Rd. Leaving RT5/20
143.1	9.7	1.1	L	W Genesee St Rd/CR1
146.6	13.2	3.6	SO	Continue on W. Genesee St/CR 326
148.2	14.8	1.6	Food	McDonald's on left. Closes 12 AM.
148.3	14.9	0.1	Food	Tops-closes 12 am
148.7	15.3	0.4	R	Dunning Ave@TL into Kwik Fill/Red Apple C-Store controle - opposite side of street
Controle 5				<i>MERCHANT</i>
Open: May-30 13:06 EDT Close: May-30 21:56 EDT			<i>Kwik Fill 315-252-5131 302 Genesee St, Auburn, NY 13021</i>	
Tot	Seg	Leg	Cue	Description
148.7	0.0	0.0	L	Exit Kwik Fill continuing south on Dunning Ave.
149.2	0.5	0.5	L	Continue on Clymer.
150.2	1.5	1.0	R	South St
150.5	1.8	0.4	NOTE	*** Harriet Tubman Home on left
151.5	2.8	1.0	BL	Silver St. S Street/RT 34 continues straight.
151.5	2.8	0.0	BL	Silver St/CR28A

151.6	2.9	0.1	Food	*Pit-Stop- C Store to right. One block off course on RT 34. Closes 11 PM!	169.9	5.0	5.0	R	SR 90, NY 90(downhill)@SS
152.6	3.9	1.0	SO	B/C Genesee St	170.7	5.8	0.8	L	South Street Road/ NY 34@Pit Stop@TL/SS Open till 11?
152.7	3.9	0.0	SO	B/C Silver St/Silver Street Rd	172.0	7.1	1.3	R	Sills Rd @Stonewell Bodies and Machine on right
152.8	4.0	0.1	BR	Silver Street Rd	173.7	8.8	1.6	SO	B/C Holden Rd
155.7	6.9	2.9	SO	B/C Gilling Rd crossing Townline Rd	176.0	11.1	2.3	SO	B/C Brown Hill Rd past large dairy farm
156.6	7.9	0.9	L	Skillet Rd	176.6	11.7	0.6	Danger	Dirt road. Use caution descending
157.1	8.4	0.5	R	Rice Rd	176.7	11.9	0.2	R	Gulf Rd
159.1	10.4	2.0	L	Hunter Rd	177.0	12.1	0.3	NOTE	*** Short steep uphill. Gear down.
159.9	11.2	0.8	R	Onto Wyckoff Rd/CR26B	177.2	12.3	0.2	R	Conlon Rd@SS
160.9	12.2	1.0	SO	Continue on Wyckoff/CR26B crossing Center Rd	178.3	13.5	1.1	R	Slight right to stay on Conlon Rd
162.4	13.7	1.5	R	Sherwood Rd (unsigned) before radio tower. Downhill	180.7	15.8	2.3	L	Left onto 34B/Ridge Rd to TL. Busy Rd!
162.9	14.2	0.6	L	Burns Rd	180.8	15.9	0.1	R	NY-34 S/East Shore Dr @TL
164.9	16.2	1.9	SO	B/C Stewarts Corners Rd crossing Long Hill Rd/CR43B	183.6	18.8	2.9	BL	*** Slight left ahead. Caution busy road
Controle 6					<i>INFO</i>				
Open: May-30 13:55 EDT Close: May-30 23:40 EDT				<i>Venice Baptist Church historical marker 2457 Stewarts Corners Rd, Scipio Center, NY 13147</i>					
Tot	Seg	Leg	Cue	Description	183.9	19.0	0.2	BL	*** Left after Burdick Hill. Use caution traffic coming up hill
					183.9	19.0	0.0	BL	Cayuga Heights Rd.
					185.6	20.7	1.6	R	N Sunset Dr
					186.5	21.6	1.0	R	Renwick Dr
					186.9	22.0	0.4	R	TRO Renwick Dr

187.1	22.2	0.2	L	East Shore Drive@SS	189.6	24.7	0.2	L	TRO Cayuga Waterfront Trail after exercise stations
187.3	22.4	0.2	SO	B/C Lake St	189.7	24.8	0.1	L	Slight left to stay on Cayuga Waterfront Trail before Turtle
187.5	22.7	0.3	R	E Falls St after bridge. Ithaca Falls on left!	190.3	25.4	0.6	X	RT89 @ crosswalk to continue on bike path past rink
187.8	22.9	0.2	L	N Cayuga St	190.4	25.6	0.1	R	Turn right toward Cass Park Access Rd then left
187.8	22.9	0.0	R	W Lincoln St@TL	190.4	25.6	0.0	L	Cass Park Access Rd
188.0	23.1	0.2	R	Dey St	Finish Controle				<i>STAFFED</i>
188.1	23.2	0.0	X	RT13/Meadow St. Use pedestrian signal button. 20 seconds to cross.	Open: May-30 15:00 EDT		<i>Hangar Theatre</i>		
188.1	23.2	0.0	X	RR tracks, bear left continuing on sidewalk to Waterfront Trail via bridge over inlet.	Close: May-31 02:00 EDT		<i>801 Taughannock Blvd, Ithaca, NY 14850</i>		
188.1	23.2	0.0	BL	Waterfront Trail					
188.1	23.2	0.0	R	TRO Waterfront Trail					
188.5	23.6	0.4	SO	B/C Cayuga Waterfront Trail					
188.8	23.9	0.3	R	Slight right to stay on Cayuga Waterfront Trail					
188.8	23.9	0.0	SO	Continue past Cornell and Ithaca College boat houses					
189.2	24.4	0.4	R	TRO Cayuga Waterfront Trail					
189.3	24.4	0.0	SO	Continue straight on path using pedestrian signal button to cross@TL					
189.4	24.6	0.2	R	Continue on bike path over bridge					