

*Finger Lakes Randonneurs*  
**Five Waterfalls Populaire 101K**

Saturday 18 April 2026, 07:30 EDT

Distance:	63.1 mi / 101.6 km
Climbing:	3431 ft
Event Sanction:	RUSA
Organizer:	Jim Bondra (607-220-4382)
RWGPS Name:	Five Waterfalls Populaire, RUSA Route #3507
Modified:	2025-04-14 06:30:21 EDT
Cues Generated:	2026-02-08 09:32 EST
Cuesheet Version:	1

*If abandoning ride or to report a problem call the organizer: Jim Bondra (607-220-4382). For Medical/Safety Emergencies Call 911 First!*

\*\*\*:Easy to miss, B: Bear, B/C: Becomes, FMR: Follow Main Road, L: Left, LMR: Leave Main Road, NM: Not Marked, Q: Quick, R: Right, SO: Straight On, SS: Stop Sign, T: T Intersection, TFL: Traffic Light, TRO: To Remain On, X: Cross

Start Controle					STAFFED
<b>Open: Apr-18 07:30 EDT</b> <b>Close: Apr-18 08:30 EDT</b>			<i>Andrejs Ozolins Memorial Kiosk/Black Diamond Trailhead</i> 121 Turtle Lane, Ithaca, NY. 14850		
Tot	Seg	Leg	Cue	Description	
0.0	0.0	0.0	SO	From parking lot, cross Turtle Lane onto trail, facing uphill.	
0.0	0.0	0.0	R	Turn right through bollards/yellow gate onto Black Diamond Trail (crushed limestone)	
8.2	8.2	8.2	L	Gorge Road	
8.4	8.4	0.2	Sharp Right	Turn sharp right onto Jacksonville Road	
8.7	8.7	0.3	R	Turn right at Taughannock Park sign.	
9.2	9.2	0.6	R	Right into Taughannock Falls Overlook viewpoint. Bathrooms available	
Controle 2					INFO
<b>Open: Apr-18 07:55 EDT</b> <b>Close: Apr-18 09:12 EDT</b>			<i>Taughannock Falls Overlook parking lot.</i> <i>Informational signs on left facing falls.</i> 2381 Taughannock Park Rd. Trumansburg, NY 14886		
Tot	Seg	Leg	Cue	Description	
9.3	0.0	0.0	L	Taughannock Park Rd	
9.6	0.4	0.4	SO	B/C Jacksonville Rd toward short steep hill	

9.9	0.6	0.2	L	TRO Jacksonville Rd
11.6	2.3	1.7	X	NY-96 S@SS. Continue on Jacksonville Rd/CR143
12.5	3.3	0.9	R	Perry City Rd/CR142
16.6	7.4	4.1	SO	B/C Co Rd 3
16.7	7.4	0.1	SO	B/C NY-227
22.6	13.3	5.9	SO	B/C NY-79 W
26.5	17.2	3.9	Food	Dandy Mini Mart on right
26.9	17.7	0.4	SO	B/C Lake Ave
27.2	18.0	0.3	SO	B/C Carpenter Rd. Mixed surfaces including dirt, use caution!
27.9	18.7	0.7	L	NY-414 S@ss. Caution! Can be busy with winery tours.
<b>Controle 3</b>				<i>INFO</i>
<b>Open: Apr-18 08:49 EDT</b>		<i>Blue historical marker on right.</i>		
<b>Close: Apr-18 10:45 EDT</b>		<i>3835 NY-414 Burdett, NY. 14818</i>		
<b>Tot</b>	<b>Seg</b>	<b>Leg</b>	<b>Cue</b>	<b>Description</b>
30.1	2.1	2.1	SO	Straight downhill at ss. Caution merging onto RT 79
31.8	3.9	1.7	L	N Franklin St/New York State Bicycle Rte 14@TL
34.1	6.1	2.3	R	N Genesee St

34.5	6.6	0.5	R	sidewalk to waterfall.
<b>Controle 4</b>				<i>INFO</i>
<b>Open: Apr-18 09:07 EDT</b>			<i>Blue historical marker on right of sidewalk facing falls</i>	
<b>Close: Apr-18 11:15 EDT</b>			<i>105 S. Genesee St, Montour Falls, NY</i>	
<b>Tot</b>	<b>Seg</b>	<b>Leg</b>	<b>Cue</b>	<b>Description</b>
34.5	0.0	0.0	R	W Main St
35.0	0.5	0.4	L	S Seneca St
35.1	0.5	0.1	R	NY-224 S/Clawson Blvd. Long climb.
35.4	0.9	0.3	L	North Lhommedieu Street
35.4	0.9	0.0	R	Cotton Hanlon Road
35.5	1.0	0.1	BR	Keep right onto Cotton Hanlon Road
36.3	1.8	0.8	SO	B/C Cotton Hanlon Road
37.3	2.8	1.0	SO	B/C Cotton Hanlon Road. MacDowell on left.
37.7	3.2	0.5	SO	B/C Cotton Hanlon Road
37.8	3.3	0.1	L	West Main Street/RT 224
38.0	3.5	0.2	Food	Dandy Mini Mart on right
38.4	3.9	0.4	L	NY-228 N
38.7	4.2	0.3	R	Grant Rd
39.9	5.4	1.2	L	Co Rte 10

40.5	6.0	0.6	R	Co Rte 6	57.5	0.4	0.0	L	TRO Spencer Rd by Amici House
46.2	11.7	5.8	R	Chapman Rd, Uphill	58.2	1.2	0.7	SO	Continue straight to stay on Spencer Rd at traffic island and sidewalk. Watch for traffic going up/down Stone Quarry road on right.
47.1	12.6	0.9	L	Buck Hill Rd	58.8	1.7	0.5	SO	Enter roundabout
47.4	12.9	0.3	R	Harvey Hill Rd. Steep descent to ss	58.8	1.7	0.0	SO	At roundabout, take 2nd exit onto South Albany Street
50.4	15.9	3.0	R	NY-327 S	59.3	2.3	0.6	SO	Continue straight.Road may be rough. Use caution.
55.5	20.9	5.0	L	*** Caution crossing RT 13@ss. Busy road!	59.5	2.4	0.2	R	West Court Street@ss by GIAC/school on left.
55.5	21.0	0.0	L	NY-13 N/NY-34 N/NY-96 N	59.9	2.8	0.4	L	Linn St
57.0	22.5	1.5	R	E Buttermilk Falls Rd	59.9	2.8	0.0	NOTE	Cascadilla Falls to right
57.1	22.6	0.1	SO	Enter the traffic circle and go to information signs on grass in front of falls	59.9	2.8	0.0	L	TRO Linn Street, slight downhill.
<b>Controle 5</b>				<i>INFO</i>	60.4	3.3	0.5	L	King Street by school
<b>Open: Apr-18 10:11 EDT</b>				<i>Information signs in front of Buttermilk Falls</i>	60.5	3.4	0.1	R	North Aurora Street @ss
<b>Close: Apr-18 13:34 EDT</b>				<i>112 E. Buttermilk Falls Rd, Ithaca, NY. 14850</i>	60.6	3.5	0.1	L	East Lincoln Street by laundromat, then quick right
<b>Tot</b>	<b>Seg</b>	<b>Leg</b>	<b>Cue</b>	<b>Description</b>	60.6	3.5	0.0	R	North Aurora Street
57.1	0.1	0.1	Uturn	Reverse onto the traffic circle, then onto E Buttermilk Falls Rd toward Rt13.	60.7	3.6	0.0	R	East Falls Street
57.2	0.1	0.1	R	NY-13. Ride on sidewalk if traffic is too busy to the plaza ahead.	60.8	3.7	0.1	L	Lake Street
57.4	0.3	0.2	R	Turn right into parking lot after the KFC, then continue left.					
57.5	0.4	0.1	R	Spencer Rd just after Subway, going uphill.					

<b>Controle 6</b>					<i>INFO</i>
<b>Open: Apr-18 10:21 EDT</b>		<i>Informational signs in small park to right of bridge</i>			
<b>Close: Apr-18 13:58 EDT</b>		<i>303 Lake Street, Ithaca, NY. 14850</i>			
Tot	Seg	Leg	Cue	Description	
60.8	0.0	0.0	R	E Falls St	
61.0	0.2	0.1	L	N Tioga St	
61.0	0.2	0.1	R	E Lincoln St	
61.3	0.5	0.3	R	Right onto Dey Street then QL onto sidewalk/path on left side.	
61.3	0.6	0.0	SO	Across North Meadow Street/RT 13 at TL/crosswalk. Timed crossing. 20 seconds!	
61.3	0.6	0.0	X	RR tracks. Stay on sidewalk bearing left to cross small bridge ahead to Waterfront trail/Farmers Market	
61.6	0.9	0.3	SO	Continue past Farmer's Market. Slow or walk when busy.	
61.8	1.0	0.1	BR	Cayuga Waterfront Trail through bollards after Farmers Market	
62.1	1.3	0.3	SO	Follow path past Cornell and Ithaca Crew boathouses.	
62.5	1.8	0.5	X	at light and continue on path over bridge to Park Rd.	

62.7	1.9	0.2	R	Right onto Park Rd past exercise stations.
62.9	2.1	0.2	SO	At end of road, cross grass and bear left onto Cayuga Waterfront Trail
62.9	2.2	0.1	L	Slight left to stay on Cayuga Waterfront Trail
<b>Finish Controle</b>				<i>STAFFED</i>
<b>Open: Apr-18 10:28 EDT</b>		<i>Andrejs Ozolins Memorial Kiosk/Black Diamond Trailhead</i>		
<b>Close: Apr-18 14:27 EDT</b>		<i>121 Turtle Lane, Ithaca, NY. 14850</i>		