

Finger Lakes Randonneurs
Five Waterfalls Populaire 101K

Saturday 18 April 2026, 07:30 EDT

Distance:	63.1 mi / 101.6 km
Climbing:	3431 ft
Event Sanction:	RUSA
Organizer:	Jim Bondra (607-220-4382)
RWGPS Name:	Five Waterfalls Populaire, RUSA Route #3507
Modified:	2025-04-14 06:30:21 EDT
Cues Generated:	2026-02-08 09:32 EST
Cuesheet Version:	1

If abandoning ride or to report a problem call the organizer: Jim Bondra (607-220-4382). For Medical/Safety Emergencies Call 911 First!

***:Easy to miss, B: Bear, B/C: Becomes, FMR: Follow Main Road, L: Left, LMR: Leave Main Road, NM: Not Marked, Q: Quick, R: Right, SO: Straight On, SS: Stop Sign, T: T Intersection, TFL: Traffic Light, TRO: To Remain On, X: Cross

Start Controle					<i>STAFFED</i>
Open: Apr-18 07:30 EDT		<i>Andrejs Ozolins Memorial Kiosk/Black Diamond Trailhead</i>			
Close: Apr-18 08:30 EDT		<i>121 Turtle Lane, Ithaca, NY. 14850</i>			
Tot	Seg	Leg	Cue	Description	
0.0	0.0	0.0	SO	From parking lot, cross Turtle Lane onto trail, facing uphill.	
0.0	0.0	0.0	R	Turn right through bollards/yellow gate onto Black Diamond Trail (crushed limestone)	
8.2	8.2	8.2	L	Gorge Road	
8.4	8.4	0.2	Sharp Right	Turn sharp right onto Jacksonville Road	
8.7	8.7	0.3	R	Turn right at Taughannock Park sign.	
9.2	9.2	0.6	R	Right into Taughannock Falls Overlook viewpoint. Bathrooms available	
Controle 2					<i>INFO</i>
Open: Apr-18 07:55 EDT		<i>Taughannock Falls Overlook parking lot. Informational signs on left facing falls.</i>			
Close: Apr-18 09:12 EDT		<i>2381 Taughannock Park Rd. Trumansburg, NY 14886</i>			
Tot	Seg	Leg	Cue	Description	
9.3	0.0	0.0	L	Taughannock Park Rd	
9.6	0.4	0.4	SO	B/C Jacksonville Rd toward short steep hill	
9.9	0.6	0.2	L	TRO Jacksonville Rd	
11.6	2.3	1.7	X	NY-96 S@SS. Continue on Jacksonville Rd/CR143	
12.5	3.3	0.9	R	Perry City Rd/CR142	

16.6	7.4	4.1	SO	B/C Co Rd 3
16.7	7.4	0.1	SO	B/C NY-227
22.6	13.3	5.9	SO	B/C NY-79 W
26.5	17.2	3.9	Food	Dandy Mini Mart on right
26.9	17.7	0.4	SO	B/C Lake Ave
27.2	18.0	0.3	SO	B/C Carpenter Rd. Mixed surfaces including dirt, use caution!
27.9	18.7	0.7	L	NY-414 S@ss. Caution! Can be busy with winery tours.

Controle 3	<i>INFO</i>
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Open: Apr-18 08:49 EDT Close: Apr-18 10:45 EDT	<i>Blue historical marker on right. 3835 NY-414 Burdett, NY. 14818</i>
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Tot	Seg	Leg	Cue	Description
30.1	2.1	2.1	SO	Straight downhill at ss. Caution merging onto RT 79
31.8	3.9	1.7	L	N Franklin St/New York State Bicycle Rte 14@TL
34.1	6.1	2.3	R	N Genesee St
34.5	6.6	0.5	R	sidewalk to waterfall.

Controle 4	<i>INFO</i>
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Open: Apr-18 09:07 EDT Close: Apr-18 11:15 EDT	<i>Blue historical marker on right of sidewalk facing falls 105 S. Genesee St, Montour Falls, NY</i>
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Tot	Seg	Leg	Cue	Description
34.5	0.0	0.0	R	W Main St
35.0	0.5	0.4	L	S Seneca St
35.1	0.5	0.1	R	NY-224 S/Clawson Blvd. Long climb.
35.4	0.9	0.3	L	North Lhommedieu Street
35.4	0.9	0.0	R	Cotton Hanlon Road
35.5	1.0	0.1	BR	Keep right onto Cotton Hanlon Road
36.3	1.8	0.8	SO	B/C Cotton Hanlon Road
37.3	2.8	1.0	SO	B/C Cotton Hanlon Road. MacDowell on left.
37.7	3.2	0.5	SO	B/C Cotton Hanlon Road
37.8	3.3	0.1	L	West Main Street/RT 224
38.0	3.5	0.2	Food	Dandy Mini Mart on right
38.4	3.9	0.4	L	NY-228 N
38.7	4.2	0.3	R	Grant Rd
39.9	5.4	1.2	L	Co Rte 10
40.5	6.0	0.6	R	Co Rte 6
46.2	11.7	5.8	R	Chapman Rd, Uphill
47.1	12.6	0.9	L	Buck Hill Rd

47.4	12.9	0.3	R	Harvey Hill Rd. Steep descent to ss
50.4	15.9	3.0	R	NY-327 S
55.5	20.9	5.0	L	*** Caution crossing RT 13@ss. Busy road!
55.5	21.0	0.0	L	NY-13 N/NY-34 N/NY-96 N
57.0	22.5	1.5	R	E Buttermilk Falls Rd
57.1	22.6	0.1	SO	Enter the traffic circle and go to information signs on grass in front of falls

Controle 5	<i>INFO</i>
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Open: Apr-18 10:11 EDT Close: Apr-18 13:34 EDT	<i>Information signs in front of Buttermilk Falls</i> <i>112 E. Buttermilk Falls Rd, Ithaca, NY. 14850</i>
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Tot	Seg	Leg	Cue	Description
57.1	0.1	0.1	Uturn	Reverse onto the traffic circle, then onto E Buttermilk Falls Rd toward Rt13.
57.2	0.1	0.1	R	NY-13. Ride on sidewalk if traffic is too busy to the plaza ahead.
57.4	0.3	0.2	R	Turn right into parking lot after the KFC, then continue left.
57.5	0.4	0.1	R	Spencer Rd just after Subway, going uphill.
57.5	0.4	0.0	L	TRO Spencer Rd by Amici House
58.2	1.2	0.7	SO	Continue straight to stay on Spencer Rd at traffic island and sidewalk. Watch for traffic going up/down Stone Quarry road on right.
58.8	1.7	0.5	SO	Enter roundabout
58.8	1.7	0.0	SO	At roundabout, take 2nd exit onto South Albany Street
59.3	2.3	0.6	SO	Continue straight.Road may be rough. Use caution.
59.5	2.4	0.2	R	West Court Street@ss by GIAC/school on left.
59.9	2.8	0.4	L	Linn St
59.9	2.8	0.0	NOTE	Cascadilla Falls to right
59.9	2.8	0.0	L	TRO Linn Street, slight downhill.
60.4	3.3	0.5	L	King Street by school
60.5	3.4	0.1	R	North Aurora Street @ss
60.6	3.5	0.1	L	East Lincoln Street by laundromat, then quick right
60.6	3.5	0.0	R	North Aurora Street
60.7	3.6	0.0	R	East Falls Street
60.8	3.7	0.1	L	Lake Street

Controle 6	<i>INFO</i>
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Open: Apr-18 10:21 EDT Close: Apr-18 13:58 EDT	<i>Informational signs in small park to right of bridge</i> <i>303 Lake Street, Ithaca, NY. 14850</i>
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Tot	Seg	Leg	Cue	Description
60.8	0.0	0.0	R	E Falls St
61.0	0.2	0.1	L	N Tioga St

61.0	0.2	0.1	R	E Lincoln St
61.3	0.5	0.3	R	Right onto Dey Street then QL onto sidewalk/path on left side.
61.3	0.6	0.0	SO	Across North Meadow Street/RT 13 at TL/crosswalk. Timed crossing. 20 seconds!
61.3	0.6	0.0	X	RR tracks. Stay on sidewalk bearing left to cross small bridge ahead to Waterfront trail/Farmers Market
61.6	0.9	0.3	SO	Continue past Farmer's Market. Slow or walk when busy.
61.8	1.0	0.1	BR	Cayuga Waterfront Trail through bollards after Farmers Market
62.1	1.3	0.3	SO	Follow path past Cornell and Ithaca Crew boathouses.
62.5	1.8	0.5	X	at light and continue on path over bridge to Park Rd.
62.7	1.9	0.2	R	Right onto Park Rd past exercise stations.
62.9	2.1	0.2	SO	At end of road, cross grass and bear left onto Cayuga Waterfront Trail
62.9	2.2	0.1	L	Slight left to stay on Cayuga Waterfront Trail
Finish Controle				<i>STAFFED</i>
Open: Apr-18 10:28 EDT		<i>Andrejs Ozolins Memorial Kiosk/Black Diamond Trailhead</i>		
Close: Apr-18 14:27 EDT		<i>121 Turtle Lane, Ithaca, NY. 14850</i>		